

# Alma Inviatational Thursday, May 2, 2024



## Mens Results

### 100 Meters Varsity - Finals

1.	12	Ryker Evans	10.98a	Hi-Line
<b>2.</b>	<b>10</b>	<b>Thunder Nelson</b>	<b>11.62aPR</b>	<b>Bertrand</b>
3.	11	Asher Hecox	11.63a	Hi-Line
4.	10	Zavier Mitchell	11.77a	Alma
5.	11	Graiden Ritner	11.81a	Wilcox-Hildreth
6.	12	Grant Haussermann	11.91a	Franklin
7.	11	Zayden Wilsey	11.92a	Wilcox-Hildreth
8.	12	Nathan Rippe	12.23a	Southwest
9.	10	Brady Ahlemeyer	12.33aPR	Cambridge
10.	9	Ryan Bartels	12.37a	Franklin
<b>11.</b>	<b>11</b>	<b>Chase Vosler</b>	<b>12.46a</b>	<b>Bertrand</b>
12.	11	Carter Hanes	12.62aPR	Cambridge
<b>13.</b>	<b>12</b>	<b>Coleman Langford</b>	<b>12.72a</b>	<b>Bertrand</b>
14.	11	Aiden Jones	12.76aPR	Medicine Valley
15.	12	Gavin Dunse	12.76a	Alma
16.	11	Sam Bantam	12.78aPR	Southern Valley
17.	12	Jayden Wales	12.80a	Red Cloud
18.	9	Kane Cochrane	12.81a	Hi-Line
19.	10	Hunter Englehart	12.88a	Red Cloud
20.	9	Henry Shoemaker	12.98a	Cambridge
21.	12	Louie Doyle	13.06a	Medicine Valley
22.	9	Thomas Ord	13.07a	Red Cloud
23.	9	Lucas Einspahr	13.17a	Medicine Valley
24.	9	Steel Marks	13.43a	Franklin
25.	11	Tylor Grove	13.75a	Southern Valley
26.	12	Brandon Rascon-Sali...	14.14aPR	Arapahoe
27.	12	Kota Batt	15.83a	Southern Valley
28.	9	Kade Schaffert	15.97a	Southwest
29.	9	Joshua Hitt	20.34a	Southwest

### 200 Meters Varsity - Finals

1.	11	Tayten Koeppen	23.64a	Cambridge
2.	12	Grant Haussermann	23.86aPR	Franklin
3.	11	Graiden Ritner	24.00a	Wilcox-Hildreth
4.	10	Thomas Donley	24.04aPR	Wilcox-Hildreth

5.	10	Jake Shipman	24.08a	Red Cloud
6.	11	Asher Hecox	24.17a	Hi-Line
7.	12	Mitchel Stritt	24.28aSR	Southwest
8.	11	Brody Senff	24.39a	Medicine Valley
9.	10	Brady Ahlemeyer	24.54aPR	Cambridge
10.	11	Trenton Williams	24.56a	Southwest
11.	11	Zayden Wilsey	24.71a	Wilcox-Hildreth
12.	9	Ryan Bartels	24.91a	Franklin
<b>13.</b>	<b>10</b>	<b>Cooper Langford</b>	<b>25.57a</b>	<b>Bertrand</b>
<b>14.</b>	<b>11</b>	<b>Kayden Hatfield</b>	<b>25.70aPR</b>	<b>Bertrand</b>
15.	9	Henry Shoemaker	26.20a	Cambridge
16.	11	Sam Bantam	26.74a	Southern Valley
17.	10	Hayden Sich	26.93a	Arapahoe
18.	10	Ethan Oberg	27.02aPR	Hi-Line
19.	9	Hudson Sich	27.08aPR	Arapahoe
20.	9	Steel Marks	27.55aPR	Franklin
21.	9	Michael Dunse	27.64aPR	Alma
22.	9	Payton Newcomb-Snyd...	28.51aPR	Medicine Valley
<b>23.</b>	<b>9</b>	<b>Lucas Murphy</b>	<b>29.51a</b>	<b>Bertrand</b>
24.	12	Kota Batt	32.00a	Southern Valley
25.	9	Sully Bantum	35.33a	Southern Valley
	12	Ryker Evans	DNF	Hi-Line

### 400 Meters Varsity - Finals

1.	11	Tayten Koeppen	52.37a	Cambridge
2.	10	Kael Garrett	52.98aPR	Medicine Valley
3.	10	Thomas Donley	53.17aPR	Wilcox-Hildreth
4.	12	Kyler Carraher	53.98aPR	Franklin
5.	12	Mitchel Stritt	54.26aSR	Southwest
6.	11	Brody Senff	56.02aSR	Medicine Valley
7.	12	Jakin Neal	56.52aSR	Alma
8.	Fr	Calvin Carraher	56.75aPR	Franklin
9.	10	Brody Diefenbaugh	57.29a	Hi-Line
10.	10	Preston Howart	57.31aPR	Southern Valley
11.	10	Hayden Sich	58.06a	Arapahoe
12.	9	Mason Bolin	58.67aPR	Red Cloud
13.	9	Henry Shoemaker	59.45a	Cambridge
<b>14.</b>	<b>12</b>	<b>Dawson Newcomb</b>	<b>59.75aPR</b>	<b>Bertrand</b>
15.	10	Braydon Miller	1:00.36aSR	Cambridge
16.	9	Thomas Ord	1:02.09aPR	Red Cloud
17.	9	Josiah Dowell	1:02.12aPR	Southern Valley

18.	10	Jacob Jackson	1:02.39aPR Franklin
19.	9	Ethan Brown	1:02.63aPR Medicine Valley
20.	9	Michael Dunse	1:05.16a Alma
21.	11	Chase Hamilton	1:14.12a Southern Valley

### 800 Meters Varsity - Finals

1.	12	Wyatt Jackson	2:12.21aPR Cambridge
2.	10	Isaac Hamilton	2:15.11aPR Southern Valley (Oxford)
3.	10	Connor Rust	2:15.67aPR Red Cloud
4.	9	Jacob Barber	2:18.70aPR Southwest
5.	10	Carl Nordine	2:20.48a Arapahoe
6.	9	Thomas Magorian	2:24.59aPR Arapahoe
7.	9	Josiah Dowell	2:26.00aPR Southern Valley (Oxford)
8.	11	Bladyn Herrick	2:27.32a Alma
9.	9	Josh Heldt	2:35.03a Red Cloud
10.	9	Jacob Wagoner	2:40.02aPR Franklin
11.	11	Justin Stephens	2:58.67aSR Franklin
12.	9	Adin Nelsen	3:11.70aPR Medicine Valley
	9	Archer Goosic	DNS Franklin

### 1600 Meters Varsity - Finals

1.	12	Carson Trompke	4:38.96aPR Cambridge
2.	10	Kael Garrett	4:41.79aPR Medicine Valley
3.	12	Austin Thompson	4:53.99aPR Southwest
4.	11	Micah Johnson	4:55.34aPR Wilcox-Hildreth
5.	11	Trace Bislow	5:05.24aPR Franklin
6.	9	William Rasser	5:13.42aPR Red Cloud
7.	11	Marcus Hernandez	5:17.40a Bertrand
8.	10	Carter Trambly	5:17.63aPR Franklin
9.	12	Isaac DeJonge	5:29.03a Franklin
10.	9	Braden Sandfort	5:29.58a Cambridge
11.	9	Vaughn Fennel	5:32.59aPR Alma
12.	9	Josh Heldt	5:43.37aPR Red Cloud
13.	10	Isaac Hamilton	5:46.34a Southern Valley (Oxford)
14.	11	Spencer Jezbera	5:48.25a Wilcox-Hildreth
15.	10	Jaysek Weiss	5:51.32aPR Cambridge
16.	9	Shya Gudaitis	6:01.26a Medicine Valley
17.	10	Creston Wagner	6:39.93a Bertrand
18.	9	Noah Koch	7:12.39a Southwest

### 3200 Meters Varsity - Finals

1.	11	Trace Bislow	10:43.92aPR Franklin
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2.	11	Marcus Hernandez	10:51.70aSR Bertrand
3.	10	Carter Trambly	10:52.98aPR Franklin
4.	11	Grant Henery	10:57.69a Wilcox-Hildreth
5.	9	William Rasser	11:10.23aPR Red Cloud
6.	9	Braden Sandfort	11:54.68a Cambridge
7.	12	Titus Goshert	12:13.64aPR Arapahoe
8.	11	Davis Clark	12:27.82aPR Alma
9.	9	Caleb Heskett	12:30.37aPR Southwest
10.	9	Shya Gudaitis	13:01.23aPR Medicine Valley
11.	10	Creston Wagner	13:29.88a Bertrand
12.	9	Noah Koch	15:27.80a Southwest
	9	Vaughn Fennel	DNS Alma

### 110m Hurdles Varsity - Finals

1.	10	Zavier Mitchell	15.78a Alma
2.	12	Zechariah Sepeda	16.01aPR Red Cloud
3.	11	Trenton Roskop	16.35aPR Arapahoe
4.	10	Thunder Nelson	16.73a Bertrand
5.	10	Kade Fisher	16.77aPR Arapahoe
6.	10	Chase Beitler	17.91a Hi-Line
7.	9	Landon Wilhelm	19.05aPR Alma
8.	9	Isaac Hernandez	19.78aPR Bertrand
9.	9	Kayden Furr	19.79aPR Red Cloud
10.	10	Jordan Holstein	19.82a Arapahoe
11.	11	Trent Schockman	20.37a Southern Valley (Oxford)
12.	12	Austin Roblee	21.05aPR Medicine Valley

### 300m Hurdles Varsity - Finals

1.	10	Zavier Mitchell	41.82aPR Alma
2.	12	Zechariah Sepeda	42.91aSR Red Cloud
3.	9	Landon Wilhelm	45.08aPR Alma
4.	10	Chase Beitler	45.39a Hi-Line
5.	11	Trenton Roskop	45.64a Arapahoe
6.	10	Kade Fisher	46.91a Arapahoe
7.	12	Coleman Langford	47.33a Bertrand
8.	9	Kayden Furr	47.88aPR Red Cloud
9.	10	Braydon Miller	48.63aPR Cambridge
10.	9	Isaac Hernandez	48.85a Bertrand
11.	10	Jordan Holstein	48.91a Arapahoe
12.	9	Thomas Ord	50.12a Red Cloud
13.	11	Trent Schockman	51.13aPR Southern Valley (Oxford)
14.	9	Roy Hoelscher	54.94a Cambridge

15. 10 Sean Polly 55.01aPR Cambridge

**4x100 Relay Varsity - Finals**

1. **11 Eric Wood**  
**12 Coleman Langford** 45.98a **Bertrand - A**  
**11 Kayden Hatfield**  
**10 Thunder Nelson**  
10 Brady Ahlemeyer  
12 Ben Hoberty 46.05a Cambridge - A  
10 Krayton Ruggles  
11 Tayten Koeppen  
10 Hunter Englehart  
10 Jake Shipman 46.85a Red Cloud - A  
12 Zechariah Sepeda  
12 Jayden Wales  
11 Asher Hecox  
10 Chase Beitler 47.49a Hi-Line - A  
10 Brody Diefenbaugh  
12 Ryker Evans  
9 Ryan Bartels  
12 Grant Haussermann 47.50a Franklin - A  
12 Jack Gladden  
Fr Calvin Carraher  
10 Zane Clark  
12 Gavin Dunse 49.11a Alma - A  
12 Jakin Neal  
9 Landon Wilhelm  
12 Austin Roblee  
9 Ethan Brown 49.72a Medicine Valley - A  
9 Lucas Einspahr  
12 Louie Doyle  
10 Tate Weatherwax  
12 Gabe Grove  
11 Sam Bantam 52.49a Southern Valley (Oxford)...

**4x100 Throwers Relay Varsity - Finals**

1. 10 Eldon Haack 51.06a Franklin - A  
12 Evan Kolami

- 9 Steel Marks  
10 Isaac Haack  
10 Trev Burke  
9 Ben Harris 52.03a Cambridge - A  
10 Jaysek Weiss  
12 Hunter Perks  
11 Jeremy Felix  
11 Spencer Gehrig 54.49a Alma - A  
9 Creighton Lynch  
10 Ryan Maly  
12 Gabriel Bojorquez  
10 Creston Wagner 55.66a Bertrand - A  
9 Kevin Chevez  
12 Nolan Edgren  
12 Jason Day  
12 Jakub Walz 55.80a Southwest - A  
9 Kade Schaffert  
9 Gage Hammond  
12 Brandon Rascon-Salinas  
9 Andres Castro 57.10a Arapahoe - A  
11 Jacen Smith  
9 Trey Downey  
9 Sully Bantum  
12 Kota Batt 59.66a Southern Valley (Oxford)...

**4x400 Relay Varsity - Finals**

1. 11 Brody Senff 3:41.93a Medicine Valley - A  
9 Mason Roblee  
11 Aiden Jones  
10 Kael Garrett  
11 Micah Johnson  
11 Grant Henery 3:44.85a Wilcox-Hildreth - A  
10 Thomas Donley  
11 Graiden Ritner  
12 Wyatt Jackson 3:45.75a Cambridge - A  
11 Gavin Gunderson

10 Krayton Ruggles  
 12 Ben Hoberty  
 10 Zane Clark  
 12 Gavin Dunse  
 4. 11 Bladyn Herrick 3:50.80a Alma - A  
 9 Creighton Lynch  
 Fr Calvin Carraher  
 9 Ryan Bartels  
 5. 12 Jack Gladden 3:52.96a Franklin - A  
 12 Kyler Carraher  
 10 Hayden Sich  
 10 Kade Fisher  
 6. 11 Trenton Roskopf 3:53.87a Arapahoe - A  
 10 Carl Nordine

10 Brody Diefenbaugh  
 7. 10 Ethan Oberg 3:54.12a Hi-Line - A  
 10 Chase Beitler  
 9 Kane Cochrane  
 9 Mason Bolin  
 10 Hunter Englehart  
 8. 10 Gage Rasser 3:57.45a Red Cloud - A  
 12 Jayden Wales  
 9 Jacob Barber  
 12 Jakub Walz  
 9. 9 Caleb Heskett 4:16.30a Southwest - A  
 12 Austin Thompson

**4x800 Relay Varsity - Finals**

12 Wyatt Jackson  
 11 Gavin Gunderson  
 1. 12 Ben Hoberty 8:57.31a Cambridge - A  
 12 Carson Trompke  
 11 Trace Bislow  
 10 Carter Trambly  
 2. 12 Isaac DeJonge 9:18.17a Franklin - A  
 12 Kyler Carraher  
 11 Davis Clark  
 3. 9 Creighton Lynch 9:25.08a Alma - A

11 Bladyn Herrick  
 10 Zane Clark  
 10 Gage Rasser  
 10 Connor Rust  
 4. 9 Josh Heldt 9:25.90a Red Cloud - A  
 9 William Rasser  
 12 Titus Goshert  
 9 Thomas Magorian  
 5. 9 Hudson Sich 10:00.24a Arapahoe - A  
 10 Carl Nordine  
 9 Craig Bunger  
 11 Spencer Jezbera  
 6. 11 Micah Johnson 10:51.33a Wilcox-Hildreth - A  
 11 Grant Henery

**Shot Put Varsity - Finals**

1.	12	Drew Knoerzer	59' 10PR	Hi-Line
2.	11	Spencer Gehrig	41' 7.5	Alma
3.	11	Ryan Oberg	41' 5	Hi-Line
4.	9	Trey Downey	38' 8	Arapahoe
5.	12	Hunter Perks	38' 3.5	Cambridge
6.	10	Trev Burke	38' 2	Cambridge
7.	12	Gabe Grove	37' 11	Southern Valley (Oxford)
8.	10	Ryan Maly	37' 6.5PR	Alma
9.	10	Isaac Haack	36' 11	Franklin
10.	12	Nolan Edgren	36' 7	Bertrand
11.	12	Gabriel Bojorquez	35' 8.5	Bertrand
12.	9	Lucas Einspahr	34' 4PR	Medicine Valley
13.	10	Eldon Haack	34' 3	Franklin
14.	12	Austin Roblee	33' 11	Medicine Valley
15.	9	Mason Bolin	33' 10	Red Cloud
16.	12	Tristan Martin	33' 3	Southwest
17.	12	Luis Escobar Salas	32' 5.5	Southwest
17.	9	Andres Castro	32' 5.5	Arapahoe
19.	9	Ben Harris	32' 5PR	Cambridge
20.	10	Tate Weatherwax	31' 10	Southern Valley (Oxford)
21.	11	Sam Bantam	31' 6	Southern Valley (Oxford)
22.	11	Jacen Smith	30' 11	Arapahoe
23.	11	Jeremy Felix	30' 9.5	Alma

24.	12	Jason Day	30' 9	Southwest
25.	10	Abe Cole	28' 6PR	Franklin
26.	12	Louie Doyle	27' 1	Medicine Valley
27.	9	Kevin Chevez	26' 9	Bertrand
28.	9	Craig Bungler	26' 7	Wilcox-Hildreth
29.	10	Grady Puls	26' 0.5	Hi-Line
30.	11	Karsen Klein	24' 8	Wilcox-Hildreth

### Discus Varsity - Finals

1.	12	Drew Knoerzer	150' 1	Hi-Line
2.	11	Spencer Gehrig	130' 6PR	Alma
3.	12	Gabe Grove	123' 0	Southern Valley (Oxford)
4.	10	Jake Shipman	117' 4	Red Cloud
5.	10	Ryan Maly	113' 4	Alma
6.	9	Mason Bolin	111' 7PR	Red Cloud
7.	11	Ryan Oberg	109' 7	Hi-Line
8.	12	Hunter Perks	108' 7	Cambridge
9.	12	Luis Escobar Salas	100' 9	Southwest
10.	12	Nolan Edgren	100' 7	Bertrand
11.	12	Jason Day	97' 5	Southwest
12.	9	Andres Castro	95' 4PR	Arapahoe
13.	9	Creighton Lynch	94' 5	Alma
13.	11	Tylor Grove	94' 5	Southern Valley (Oxford)
15.	10	Isaac Haack	93' 3	Franklin
16.	10	Eldon Haack	92' 11	Franklin
17.	12	Gabriel Bojorquez	91' 0	Bertrand
18.	9	Ethan Brown	88' 9PR	Medicine Valley
19.	12	Evan Kolami	88' 4	Franklin
20.	11	Jeremy Felix	86' 4	Alma
21.	9	Ben Harris	85' 7	Cambridge
22.	12	Jakub Walz	78' 0	Southwest
23.	9	Trey Downey	77' 1	Arapahoe
24.	9	Kevin Chevez	73' 7	Bertrand
25.	10	Grady Puls	71' 6PR	Hi-Line
26.	11	Jacen Smith	71' 4	Arapahoe
27.	9	Craig Bungler	52' 8	Wilcox-Hildreth
28.	11	Karsen Klein	51' 10	Wilcox-Hildreth
	10	Trev Burke	SCR	Cambridge

### High Jump Varsity - Finals

1.	11	Trenton Roskop	6' 0	Arapahoe
2.	11	Bladyn Herrick	5' 10	Alma

3.	9	Kane Cochrane	5' 6	Hi-Line
3.	9	Mason Roblee	5' 6	Medicine Valley
5.	12	Austin Roblee	5' 2SR	Medicine Valley
6.	9	Archer Goosic	J5' 2	Franklin
7.	9	Jacob Barber	J5' 2PR	Southwest
8.	12	Dawson Newcomb	5' 0	Bertrand
8.	9	Landon Wilhelm	5' 0	Alma
	10	Cooper Knackstedt	NH	Hi-Line

### Pole Vault Varsity - Finals

1.	11	Marcus Hernandez	14' 0PR	Bertrand
2.	9	Isaac Hernandez	13' 0	Bertrand
3.	9	Miles Ford	11' 6PR	Alma
4.	9	Gage Hammond	J11' 6	Southwest
4.	11	Eric Wood	J11' 6	Bertrand
6.	10	Cooper Knackstedt	11' 0	Hi-Line
6.	11	Aiden Jones	11' 0	Medicine Valley
8.	10	Preston Howart	10' 6	Southern Valley (Oxford)
8.	11	Carter Hanes	10' 6PR	Cambridge
8.	10	Thomas Donley	10' 6	Wilcox-Hildreth
11.	11	Zayden Wilsey	10' 0	Wilcox-Hildreth
12.	9	Kaden Klumpe	9' 6PR	Cambridge
12.	9	Kane Cochrane	9' 6	Hi-Line
14.	12	Brandon Rascon-Sali...	9' 0	Arapahoe
	12	Titus Goshert	NH	Arapahoe
	9	Jacob Wagoner	NH	Franklin
	10	Sean Polly	NH	Cambridge
	9	Alex Gladden	NH	Franklin

### Long Jump Varsity - Finals

1.	10	Zavier Mitchell	20' 10.75	Alma
2.	Fr	Calvin Carraher	18' 0	Franklin
3.	12	Nathan Rippe	17' 10.5PR	Southwest
4.	11	Trenton Williams	17' 6.75	Southwest
5.	12	Dawson Newcomb	17' 4.5	Bertrand
6.	10	Krayton Ruggles	17' 4.25	Cambridge
7.	10	Jake Shipman	17' 2	Red Cloud
8.	12	Coleman Langford	16' 10	Bertrand
9.	12	Jack Gladden	16' 7.5	Franklin
10.	10	Cooper Langford	16' 5.75	Bertrand
11.	10	Gage Rasser	16' 3.25PR	Red Cloud
12.	12	Gavin Dunse	16' 0.5PR	Alma

13.	10	Connor Rust	16' 0	Red Cloud
14.	9	Hudson Sich	15' 6.75	Arapahoe
15.	10	Ethan Oberg	15' 4PR	Hi-Line
16.	9	Lucas Einspahr	14' 10.5	Medicine Valley
17.	10	Jacob Jackson	14' 6.5	Franklin
18.	11	Chase Hamilton	14' 3.5	Southern Valley (Oxford)
19.	9	Josiah Dowell	13' 10	Southern Valley (Oxford)
20.	9	Michael Dunse	12' 9	Alma
21.	12	Kota Batt	11' 7.5	Southern Valley (Oxford)
	11	Graiden Ritner	SCR	Wilcox-Hildreth

### Triple Jump Varsity - Finals

1.	11	Chase Vosler	39' 0.25PR	Bertrand
2.	12	Hunter Perks	38' 4.75	Cambridge
3.	10	Connor Rust	37' 9	Red Cloud
4.	10	Brody Diefenbaugh	37' 8.75	Hi-Line
5.	10	Isaac Hamilton	36' 2.25	Southern Valley
6.	10	Krayton Ruggles	36' 0.5	Cambridge
7.	10	Gage Rasser	36' 0PR	Red Cloud
8.	11	Tylor Grove	35' 9PR	Southern Valley
9.	9	Kayden Furr	35' 4.5	Red Cloud
10.	9	Roy Hoelscher	35' 0.75PR	Cambridge
11.	9	Payton Newcomb-Snyd...	34' 1.5PR	Medicine Valley
12.	11	Trent Schockman	30' 11.75	Southern Valley

### Womens Results

#### 100 Meters Varsity - Finals

1.	11	JoLie Farr	12.85a	Cambridge
2.	12	Kylie Rose	13.14a	Medicine Valley
3.	10	Tierston Moore	13.28a	Alma
4.	9	Reagan Kahrs	13.53a	Franklin
5.	11	Payton Truksa	13.96a	Southwest
6.	11	Allison Van Pelt	14.00a	Southwest
7.	10	Alyssa Koch	14.07a	Southwest
8.	11	Brecklyn Hammond	14.14a	Southern Valley (Oxford)
9.	10	Bentley Stubbs	14.30a	Hi-Line
10.	9	Kaitlyn Bradley	14.37a	Alma

11.	11	Molly Elliott	14.51a	Arapahoe
12.	11	Ella Brown	14.54aSR	Bertrand
13.	9	Joslyn Holtze	14.70a	Cambridge
14.	10	Dinah Culp	14.93aSR	Wilcox-Hildreth
15.	10	Ellie Shaver	14.94a	Franklin
16.	11	Miley Whitney	15.11aSR	Alma
17.	9	Julea Moore	15.13a	Hi-Line
18.	12	Anna Grube	15.35a	Franklin
19.	12	Alaina Eberle	15.73a	Medicine Valley
20.	10	Madison Deisley	16.13a	Arapahoe
21.	9	Arla Hansen	16.69a	Red Cloud
22.	9	Jaidon Kimball	17.08aPR	Cambridge
23.	9	Kyra Udstrand	17.88aPR	Hi-Line
24.	9	Ellie Weatherwax	18.24a	Southern Valley (Oxford)
	11	Adi Hunt	DNS	Southern Valley (Oxford)

#### 200 Meters Varsity - Finals

1.	11	JoLie Farr	26.62a	Cambridge
2.	12	Kylie Rose	27.01a	Medicine Valley
3.	9	Ruby McCune	28.08a	Arapahoe
4.	11	Vanesa Aguayo	28.36a	Southern Valley (Oxford)
5.	9	Reagan Kahrs	28.52aPR	Franklin
6.	9	Kaitlyn Bradley	29.43aPR	Alma
7.	11	Allison Van Pelt	29.49aPR	Southwest
8.	9	Audrey Cline	29.61a	Franklin
9.	10	Natalee Holste	29.87a	Southern Valley (Oxford)
10.	10	Bentley Stubbs	29.93a	Hi-Line
11.	12	Avery Fangmeyer	30.34aSR	Red Cloud
12.	12	Bryn Lampe	30.82aSR	Southwest
13.	11	Ofasia McBride	31.35aPR	Southwest
14.	9	Brooklyn Holtze	31.59aPR	Cambridge
15.	11	Molly Elliott	31.67a	Arapahoe
16.	9	Julea Moore	32.22a	Hi-Line
17.	12	Anna Grube	32.39a	Franklin
18.	9	Kenley Cole	32.69a	Medicine Valley
19.	11	Olivia Ord	32.81a	Red Cloud
20.	9	Arla Hansen	33.40a	Red Cloud
21.	9	Sydney Baker	33.43a	Alma
22.	11	Giavanna Doyle	34.19a	Medicine Valley
23.	9	Jaidon Kimball	38.69aPR	Cambridge
24.	9	Kyra Udstrand	41.20a	Hi-Line

12	Samantha Stone	DQ	Alma
11	Adi Hunt	DNS	Southern Valley (Oxford)
10	Shelby Schoene	DNS	Bertrand

#### 400 Meters Varsity - Finals

1.	9	Desi Farner	1:01.83a	Arapahoe
2.	9	Ellaray Koch	1:06.11aPR	Hi-Line
3.	11	Tayley Becker	1:07.04aPR	Southern Valley (Oxford)
4.	So	Teagan Holmes	1:07.45a	Franklin
5.	9	Chloe Johnson	1:09.84a	Wilcox-Hildreth
6.	11	Ellarae Rasser	1:11.06a	Red Cloud
7.	11	Sarah Hindal	1:11.18aPR	Franklin
8.	10	Jensyn Weiss	1:11.60a	Cambridge
9.	12	Samantha Stone	1:14.46aPR	Alma
10.	9	Clara Hilker	1:14.47aPR	Arapahoe
11.	9	Arla Hansen	1:15.66aPR	Red Cloud
12.	10	Kallie Linden	1:16.00a	Wilcox-Hildreth
13.	9	Bridgett Lockhart	1:16.20a	Red Cloud
14.	9	Kenley Cole	1:16.96aPR	Medicine Valley
15.	9	Jazmynn Ruskamp	1:17.72a	Southern Valley (Oxford)
16.	11	Giavanna Doyle	1:18.66aPR	Medicine Valley
17.	10	Anikka Nelms	1:18.70a	Southwest
18.	9	Brooke Talarico	1:22.53a	Franklin
19.	9	Evie Pelton	1:58.42a	Bertrand
	11	Adi Hunt	DNS	Southern Valley (Oxford)

#### 800 Meters Varsity - Finals

1.	10	Shelby Schoene	2:27.72aPR	Bertrand
2.	9	Kamryn Scott	2:28.84aPR	Alma
3.	11	Rachel Harris	2:36.48aSR	Cambridge
4.	12	Brenna Deterding	2:41.51a	Cambridge
5.	12	Addison Siebels	2:43.21aSR	Alma
6.	11	Logan Brown	2:43.37aPR	Red Cloud
7.	9	Hayley Serfontein	2:44.77aPR	Southern Valley (Oxford)
8.	10	Cheyenne Lieb	2:49.25a	Wilcox-Hildreth
9.	9	Olivia Wall	2:57.33a	Hi-Line
10.	9	Saylor Bonham	3:02.51a	Franklin
11.	10	Jordiya Phillips	3:06.38aPR	Medicine Valley
12.	9	Lillian Palmer	3:11.87aPR	Hi-Line
13.	9	Halley Minnick	3:12.23aPR	Franklin
14.	12	Elizabeth Dubbs	3:17.76a	Alma

#### 1600 Meters Varsity - Finals

1.	11	Cara Bunger	6:13.83aPR	Wilcox-Hildreth
2.	10	Addison Andersen	6:18.16aPR	Bertrand
3.	11	Harper Fennel	6:20.73aPR	Alma
4.	11	Tayley Becker	6:21.96aSR	Southern Valley (Oxford)
5.	10	Ashlynn Edgren	6:37.33aPR	Bertrand
6.	9	Katie Fegley	6:43.53aPR	Cambridge
7.	10	Kallie Linden	6:50.68aSR	Wilcox-Hildreth
8.	12	Addison Hansen	6:51.63aPR	Bertrand
9.	9	Olivia Wall	6:58.58a	Hi-Line
10.	9	Saylor Bonham	7:23.77a	Franklin
11.	9	Lillian Palmer	7:29.80aPR	Hi-Line
12.	9	Natalie Mortensen	7:32.58aPR	Medicine Valley
13.	11	Hanna Nickelson	7:47.38a	Franklin
14.	12	Shaelee Minnick	8:35.10aPR	Red Cloud
	9	Hayden Deyle	DNS	Alma

#### 3200 Meters Varsity - Finals

1.	9	Grace Andrews	12:54.69aPR	Arapahoe
2.	11	Cara Bunger	13:06.56a	Wilcox-Hildreth
3.	11	Harper Fennel	13:54.06aPR	Alma
4.	12	Addison Hansen	14:55.85a	Bertrand
5.	9	Hayden Deyle	17:12.88a	Alma

#### 100m Hurdles Varsity - Finals

1.	10	Tierston Moore	16.13a	Alma
2.	12	Stella Heapy	17.74a	Medicine Valley
3.	11	Brecklyn Hammond	17.79a	Southern Valley (Oxford)
4.	11	Katelyn Bunger	18.34a	Wilcox-Hildreth
5.	9	Kamri Neal	18.50aPR	Alma
6.	10	Emma Strand	18.69a	Arapahoe
7.	10	Kamree Elsten	19.35aPR	Medicine Valley
8.	9	Livia Philips	19.61a	Bertrand
9.	9	Brooklyn Holtze	19.69a	Cambridge
10.	9	Olivia Haack	21.67aPR	Franklin
11.	11	Ofasia McBride	23.85aPR	Southwest

#### 300m Hurdles Varsity - Finals

1.	10	Tierston Moore	48.02a	Alma
2.	12	Stella Heapy	51.23a	Medicine Valley
3.	9	Ellaray Koch	52.73aPR	Hi-Line
4.	12	Ann Bose	53.38a	Southern Valley (Oxford)

- 5. 11 Katelyn Bunger 54.53a Wilcox-Hildreth
- 6. 9 Kamri Neal 55.25aPR Alma
- 7. 10 Emma Strand 56.11a Arapahoe
- 8. 9 Chloe Johnson 59.87a Wilcox-Hildreth

**4x100 Relay Varsity - Finals**

- 9 Joslyn Holtze
- 11 Rachel Harris
- 1. 12 Jalen Kent 51.95a Cambridge - A
- 11 JoLie Farr
- 12 Kylie Rose
- 11 Remmi Stout
- 2. 10 Kamree Elsten 54.41a Medicine Valley - A
- 12 Stella Heapy
- 11 Brecklyn Hammond
- 9 Lorelie Howart
- 3. 10 Natalee Holste 54.52a Southern Valley (Oxford)...
- 11 Vanesa Aguayo
- 9 Ruby McCune
- 12 Peyton Sich
- 4. 10 Emma Strand 54.62a Arapahoe - A
- 9 Desi Farner
- 9 Reagan Kahrs
- 10 Ellie Shaver
- 5. 9 Audrey Cline 55.92a Franklin - A
- So Teagan Holmes
- 9 Livia Philips
- 11 Ella Brown
- 6. 10 Shelby Schoene 56.63a Bertrand - A
- 10 Addison Andersen
- 10 Bentley Stubbs
- 9 Shelby Jurjens
- 7. 9 Julea Moore 57.66a Hi-Line - A
- 9 Ellaray Koch
- 9 Kamri Neal
- 8. 9 Kaitlyn Bradley 57.80a Alma - A
- 12 Elizabeth Dubbs

- 9 Kamryn Scott
- 10 Kayla Faimon
- 12 Avery Fangmeyer
- 9. 11 Josie Rust 1:03.38a Red Cloud - A
- 10 Elyse Armstrong
- 10 Cheyenne Lieb
- 9 Chloe Johnson
- 10 Dinah Culp
- 11 Cara Bunger
- DNS Wilcox-Hildreth - A

**4x100 Throwers Relay Varsity - Finals**

- 9 Sydney Baker
- 11 Chayse Molzahn
- 1. 9 Kamri Neal 59.69a Alma - A
- 9 Taylor Pool
- 12 Bailee Ahlemeyer
- 9 Elisabeth Kubik
- 2. 11 Danica Ervin 59.94a Cambridge - A
- 12 Brylyn Springer
- 9 Kenley Cole
- 12 Sienna Houghtelling
- 3. 9 Brianna Zysset 1:00.89a Medicine Valley - A
- 11 Remmi Stout
- 10 Kallie Linden
- 11 Madison Bunger
- 4. 10 Kamryn Russell 1:01.80a Wilcox-Hildreth - A
- 12 Addison Overholser
- 12 Ashlynn Latimer
- 11 Aubrie Seybold
- 5. 11 Atleigh Nelms 1:03.10a Southwest - A
- 10 Kyra Nelms
- 12 Adelynn Minnick
- 11 Paiton Lewis
- 6. 11 Abigail Reyes 1:04.07a Red Cloud - A
- 11 Ellarae Rasser
- 10 Liz Cole
- 7. So Johanna Haussermann 1:05.06a Franklin - A
- 9 Audrey Cline



9	Kinsey Clark		
9	Kara Brockman		
8.	9 Kyra Udstrand	1:07.33a	Hi-Line - A
	9 Lillian Palmer		
	10 Malia Viter		
	9 Ellie Weatherwax		
	9 Mikah Schultz	DQ	Southern Valley (Oxford)...
	10 Tori Bose		
	11 Brynn Baily		

**4x400 Relay Varsity - Finals**

1.	12 Peyton Sich		
	9 Grace Andrews	4:19.39a	Arapahoe - A
	9 Ruby McCune		
	9 Desi Farner		

2.	11 Chayse Molzahn		
	10 Tierston Moore	4:21.06a	Alma - A
	9 Kamryn Scott		
	12 Addison Siebels		

3.	12 Brenna Deterding		
	12 Jalen Kent	4:24.37a	Cambridge - A
	11 JoLie Farr		
	11 Rachel Harris		

4.	11 Tayley Becker		
	10 Natalee Holste	4:43.81a	Southern Valley (Oxford)...
	9 Lorelie Howart		
	9 Hayley Serfontein		

5.	12 Anna Grube		
	9 Olivia Haack	4:54.94a	Franklin - A
	11 Sarah Hindal		
	So Teagan Holmes		

6.	11 Logan Brown		
	10 Elyse Armstrong	5:02.18a	Red Cloud - A
	9 Bridgett Lockhart		
	11 Ellarae Rasser		

**4x800 Relay Varsity - Finals**

1.	12 Elizabeth Dubbs	11:17.08a	Alma - A
	11 Harper Fennel		

	11 Chayse Molzahn		
	12 Addison Siebels		
	9 Jazmynn Ruskamp		
2.	9 Hayley Serfontein	11:35.40a	Southern Valley (Oxford)...
	12 Ann Bose		
	11 Tayley Becker		
	11 Logan Brown		
3.	10 Kayla Faimon	11:36.95a	Red Cloud - A
	11 Josie Rust		
	10 Elyse Armstrong		
	9 Katie Fegley		
4.	10 Jensyn Weiss	11:52.44a	Cambridge - A
	9 Elisabeth Kubik		
	11 Rachel Harris		
	10 Caitlyn Adams		
5.	10 Anikka Nelms	12:00.11a	Southwest - A
	10 Kyra Nelms		
	11 Aubrie Seybold		

**Shot Put Varsity - Finals**

1.	12	Addison Overholser	33' 10	Wilcox-Hildreth
2.	12	Bailee Ahlemeyer	33' 5SR	Cambridge
3.	11	Brynn Baily	32' 10.75	Southern Valley (Oxford)
4.	11	Atleigh Nelms	32' 3.5	Southwest
5.	10	Malia Viter	31' 10.5PR	Hi-Line
6.	11	Madison Bunger	31' 9	Wilcox-Hildreth
7.	10	Madison Deisley	30' 8.5PR	Arapahoe
8.	9	Elisabeth Kubik	30' 7.5	Cambridge
9.	10	Tori Bose	30' 0.5	Southern Valley (Oxford)
10.	11	Remmi Stout	29' 11	Medicine Valley
11.	11	Paiton Lewis	29' 10.5	Red Cloud
12.	12	Sienna Houghtelling	29' 0.5SR	Medicine Valley
13.	9	Shelby Jurjens	27' 9	Hi-Line
14.	12	Ashlynn Latimer	27' 5	Southwest
14.	9	Mikah Schultz	27' 5	Southern Valley (Oxford)
16.	So	Johanna Haussermann	27' 1	Franklin
17.	11	Danica Ervin	26' 5	Cambridge
18.	9	Clara Hilker	26' 4	Arapahoe
18.	12	Mika Baker	26' 4	Franklin

20.	9	Taylor Pool	25' 1	Alma
<b>20.</b>	<b>12</b>	<b>Elizabeth Kugler</b>	<b>25' 1</b>	<b>Bertrand</b>
22.	12	Adelynn Minnick	24' 7	Red Cloud
<b>23.</b>	<b>11</b>	<b>Logan Schutz</b>	<b>24' 4</b>	<b>Bertrand</b>
24.	11	Abigail Reyes	24' 0PR	Red Cloud
25.	9	Kara Brockman	23' 10.5	Hi-Line
<b>26.</b>	<b>12</b>	<b>Bethany Pelton</b>	<b>23' 7</b>	<b>Bertrand</b>
27.	9	Kinsey Clark	21' 4	Franklin
28.	9	Brianna Zysset	21' 1	Medicine Valley
29.	10	Kallie Linden	16' 9	Wilcox-Hildreth

### Discus Varsity - Finals

1.	11	Brynn Baily	113' 3SR	Southern Valley (Oxford)
2.	11	Madison Bungler	105' 6	Wilcox-Hildreth
3.	12	Brylyn Springer	98' 11	Cambridge
4.	10	Malia Viter	93' 9PR	Hi-Line
5.	12	Addison Overholser	88' 7	Wilcox-Hildreth
6.	12	Sienna Houghtelling	87' 5	Medicine Valley
7.	9	Elisabeth Kubik	84' 4	Cambridge
8.	10	Tori Bose	82' 8	Southern Valley (Oxford)
<b>9.</b>	<b>12</b>	<b>Bethany Pelton</b>	<b>82' 6</b>	<b>Bertrand</b>
10.	11	Paiton Lewis	82' 4SR	Red Cloud
11.	12	Adelynn Minnick	75' 8SR	Red Cloud
12.	11	Danica Ervin	75' 7	Cambridge
13.	12	Mika Baker	74' 4	Franklin
<b>14.</b>	<b>12</b>	<b>Elizabeth Kugler</b>	<b>71' 8</b>	<b>Bertrand</b>
14.	11	Atleigh Nelms	71' 8	Southwest
16.	11	Abigail Reyes	70' 8	Red Cloud
17.	9	Brianna Zysset	70' 5	Medicine Valley
18.	10	Madison Deisley	70' 2	Arapahoe
19.	So	Johanna Haussermann	69' 11	Franklin
20.	10	Kyra Nelms	69' 5	Southwest
21.	9	Taylor Pool	69' 2	Alma
22.	10	Liz Cole	68' 6	Franklin
23.	9	Shelby Jurjens	68' 4	Hi-Line
24.	9	Clara Hilker	66' 7	Arapahoe
<b>25.</b>	<b>11</b>	<b>Logan Schutz</b>	<b>64' 1</b>	<b>Bertrand</b>
26.	9	Kara Brockman	57' 2	Hi-Line
27.	9	Mikah Schultz	55' 2	Southern Valley (Oxford)
	11	Aubrie Seybold	SCR	Southwest
	11	Remmi Stout	SCR	Medicine Valley

### High Jump Varsity - Finals

1.	12	Ann Bose	J5' 0	Southern Valley (Oxford)
2.	12	Stella Heapy	J5' 0	Medicine Valley
3.	11	Erin Johnson	J4' 10	Cambridge
4.	11	Chayse Molzahn	J4' 10	Alma
5.	11	Payton Truksa	J4' 10	Southwest
6.	10	Caitlyn Adams	4' 6	Southwest
6.	9	Joslyn Holtze	4' 6	Cambridge
8.	10	Allison Boettcher	J4' 6	Franklin
<b>9.</b>	<b>10</b>	<b>Ashlynn Edgren</b>	<b>4' 4SR</b>	<b>Bertrand</b>
10.	9	Madison Sheen	4' 2	Wilcox-Hildreth
10.	9	Olivia Haack	4' 2PR	Franklin
	9	Lillian Palmer	NH	Hi-Line
	10	Liz Cole	NH	Franklin
	10	Jensyn Weiss	NH	Cambridge

### Pole Vault Varsity - Finals

<b>1.</b>	<b>10</b>	<b>Shelby Schoene</b>	<b>9' 10PR</b>	<b>Bertrand</b>
2.	9	Ellaray Koch	9' 0PR	Hi-Line
3.	12	Laurel Stalder	8' 0SR	Southern Valley (Oxford)
4.	10	Alyssa Koch	J8' 0	Southwest
5.	12	Bailee Ahlemeyer	J8' 0SR	Cambridge
<b>6.</b>	<b>9</b>	<b>Livia Philips</b>	<b>7' 6</b>	<b>Bertrand</b>
7.	12	Peyton Sich	J7' 6	Arapahoe
<b>7.</b>	<b>12</b>	<b>Addison Hansen</b>	<b>J7' 6</b>	<b>Bertrand</b>
9.	12	Alaina Eberle	6' 6	Medicine Valley
10.	11	Miley Whitney	6' 0	Alma
10.	10	Cheyenne Lieb	6' 0SR	Wilcox-Hildreth
10.	10	Ellie Shaver	6' 0PR	Franklin
	12	Jordyn Falkenstine	NH	Franklin
	12	Brenna Deterding	NH	Cambridge

### Long Jump Varsity - Finals

1.	11	Adi Hunt	16' 3	Southern Valley (Oxford)
2.	12	Jalen Kent	15' 6.5	Cambridge
3.	9	Desi Farner	14' 9	Arapahoe
4.	10	Bentley Stubbs	14' 8.5	Hi-Line
5.	11	Josie Rust	14' 7.5PR	Red Cloud
6.	11	Payton Truksa	14' 5.5PR	Southwest
7.	10	Dinah Culp	14' 3	Wilcox-Hildreth
7.	9	Joslyn Holtze	14' 3PR	Cambridge

9.	9	Brooklyn Holtze	13' 9.5	Cambridge
10.	9	Lorelie Howart	13' 7	Southern Valley (Oxford)
10.	10	Kamree Elsten	13' 7	Medicine Valley
12.	11	Vanesa Aguayo	13' 3	Southern Valley (Oxford)
13.	10	Kayla Faimon	13' 0.25	Red Cloud
14.	9	Bridgett Lockhart	12' 10.5PR	Red Cloud
15.	9	Chloe Johnson	12' 8.5	Wilcox-Hildreth
16.	12	Anna Grube	11' 7.75	Franklin
17.	9	Julea Moore	10' 11	Hi-Line
18.	10	Audra Goosic	10' 10	Franklin
19.	11	Giavanna Doyle	10' 6	Medicine Valley
20.	9	Juliett Critchfield	10' 2.25	Southwest
21.	9	Natalie Mortensen	9' 10.5	Medicine Valley
22.	9	Kyra Udstrand	9' 2.5	Hi-Line
	11	Ofasia McBride	SCR	Southwest
	11	Molly Elliott	SCR	Arapahoe

### Triple Jump Varsity - Finals

1.	12	Jalen Kent	32' 6.5	Cambridge
2.	11	Payton Truksa	32' 3	Southwest
3.	12	Bryn Lampe	30' 11.5PR	Southwest
4.	9	Brooklyn Holtze	30' 10	Cambridge
5.	9	Bridgett Lockhart	30' 1PR	Red Cloud
6.	10	Natalee Holste	29' 11.25	Southern Valley (Oxford)
<b>7.</b>	<b>11</b>	<b>Ella Brown</b>	<b>29' 5.5</b>	<b>Bertrand</b>
8.	11	Erin Johnson	29' 0.5	Cambridge
9.	9	Lorelie Howart	28' 11.5	Southern Valley (Oxford)
10.	9	Olivia Haack	28' 10PR	Franklin
11.	10	Kayla Faimon	28' 3	Red Cloud
<b>12.</b>	<b>9</b>	<b>Livia Philips</b>	<b>28' 2.5</b>	<b>Bertrand</b>
13.	9	Ruby McCune	28' 1.5PR	Arapahoe
14.	10	Allison Boettcher	27' 5	Franklin
15.	10	Emma Strand	26' 7	Arapahoe

### Mens Varsity

18 / 18 Events Completed

1.	Alma	89
2.	Cambridge	86
<b>3.</b>	<b>Bertrand</b>	<b>67</b>
4.	Franklin	62
5.	Hi-Line	61.5
6.	Red Cloud	48
7.	Wilcox-Hildreth	35
8.	Medicine Valley	34.5
9.	Arapahoe	32
10.	Southwest	27
11.	Southern Valley (Oxford)	16

### Womens Varsity

18 / 18 Events Completed

1.	Cambridge	103.5
2.	Alma	86
3.	Southern Valley (Oxford)	85
4.	Medicine Valley	55
5.	Wilcox-Hildreth	51
6.	Arapahoe	47
<b>7.</b>	<b>Bertrand</b>	<b>36</b>
8.	Southwest	32.5
9.	Hi-Line	32
10.	Red Cloud	14
10.	Franklin	14